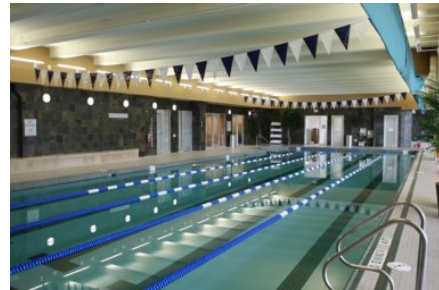


**Fitness Facilities**

**Life Time Fitness  
Facilities:**



Since 2003, ERA has been providing structural engineering for **Life Time Fitness Inc.** We have designed and renovated more than 100 fitness centers nationwide. These projects have been both new construction and remodels to existing facilities. The new Life Time Fitness Centers range in size from 90,000 square feet to 220,000 square feet. Each center has an outdoor pool as well as multiple indoor pools and some have even included water parks. Along with the standard gymnasiums, workout rooms, racquetball courts and locker rooms the centers include full service Spas and a Bistro Café. A few of the larger centers have also incorporated an attached tennis complex.



**Community Centers:**



ERA provided the structural engineering for the community centers in Shoreview, Chaska and Plymouth, as well as for multiple YMCA facilities throughout Minnesota.

The two-story, 100,000 SF **Chaska Community Center** includes a lap swimming pool, leisure pool, weight room, two gymnasiums, hockey arena with two sheets of ice, community center rooms, daycare facility and an art center.



## Fitness Facilities

### YMCA Facilities:

ERA provided the structural design for the **YMCA facility in Elk River Minnesota**. This is a new 58,000 SF facility with a gym, an aquatics area with a lap pool and leisure pool, fitness studios and wellness area, youth area, community/meeting rooms, locker rooms and administrative space.



We also provided design for the 44,000 SF renovation and 20,000 SF pool addition at the **YMCA in Red Wing Minnesota**. The addition was designed for future vertical expansion to accommodate a fitness center.

### Rochester Regional Recreational Sports Center:



In 1999 ERA designed the Rochester, Minnesota **Regional Recreational Sports Center**. This center includes a 44,000 square foot indoor Field House with a 200 meter track, four multipurpose floor courts with seating for 1,500 fans a 3,000 SF fitness center, locker rooms and other gathering spaces.

### Choctaw Fitness and Wellness Center:



ERA provided the structural design for the **Mississippi Band of Choctaw Indians Fitness and Wellness Center in Choctaw, Mississippi**. This 185,000 SF recreational Fitness/Wellness Center was designed to include a four-station gymnasium for NCAA and regional high school competitions, 3200+ seat sports arena, running track, rock climbing wall, swimming pools, racquet ball courts, fitness and dance studios, weight room and cardiovascular machine room, game room, bowling center, conference and meeting rooms, restaurant/food facilities, offices, lockers and other support facilities.

## Fitness Facilities

### **Hoffman Hall Recreation Facility Remodel:**

The **Hoffman Hall Recreation Facility Remodel** project in **Prairie Du Chien, WI** involved renovating a recreational facility. The gym area is 10,385



SF and contains space for the 2 court gymnasiums with divider, rock wall climbing area, administrative offices, staff toilet/shower, and gym storage. This level also includes 2,985 SF for common areas such as kitchen/concessions with storage, lounge and game room, and public toilet rooms.

The lower level has multiple user groups with common areas. A fitness area, multipurpose, and the aquatic center are the lower level uses. The fitness area of 7,598 SF includes weight training, walking track and cardio fitness rooms with shared locker/toilet/shower rooms. The aquatic center is 7,478 SF and has a reception area, staff break/office as well as a pool deck.

